

The **Singapore Red Cross CPR+AED Awareness Workshop (CAAW)** is a simplified CPR+AED (non-certification) practical training session which focuses on Hands-only CPR. CAAW is for those who do not require the certification but would like to learn basic CPR skills and train on the use of an Automated External Defibrillator (AED). Learners will be divided into small groups and coached by qualified instructors during the practical session. The programme will take approximately 1.5 hours to 2 hours.

The CAAW is sponsored by Temasek Foundation Cares.

CAAW is complimentary to all Singaporeans & Singapore PRs.

Non-Singaporeans / Foreigners are required to pay \$30 (w/o GST).

Training Venue will be at:

15 Penang Lane, Red Cross House, Singapore 238486

Level 2 - Haw Par Hall

Please email us at academy@redcross.sg with your preferred date and time slot.

Quarter 2 (2019)

Date	Time Slots
4 April 2019 (Thursday)	10am - 12pm 3pm - 5pm 7pm - 9pm
19 April 2019 (Friday)	10am - 12pm 3pm - 5pm 7pm - 9pm
7 May 2019 (Tuesday)	10am - 12pm 3pm - 5pm
23 May 2019 (Thursday)	10am - 12pm 3pm - 5pm 7pm - 9pm
4 June 2019 (Tuesday)	10am - 12pm 3pm - 5pm
25 June 2019 (Tuesday)	10am - 12pm 3pm - 5pm

Quarter 3 (2019)

Date	Time Slots
5 July 2019 (Friday)	9am - 11am 5pm - 7pm 7pm - 9pm
9 July 2019 (Tuesday)	9am - 11am 5pm - 7pm
10 July 2019 (Wednesday)	9am - 11am 5pm - 7pm 7pm - 9pm
26 July 2019 (Friday)	9am - 11am 5pm - 7pm 7pm - 9pm

31 July 2019 (Wednesday)	9am - 11am 5pm - 7pm 7pm - 9pm
7 August 2019 (Wednesday)	9am - 11am 5pm - 7pm 7pm - 9pm
22 August 2019 (Thursday)	9am - 11am 5pm - 7pm 7pm - 9pm
26 August 2019 (Monday)	9am - 11am 5pm - 7pm 7pm - 9pm
28 August 2019 (Wednesday)	9am - 11am 5pm - 7pm 7pm - 9pm
6 September 2019 (Friday)	9am - 11am 5pm - 7pm 7pm - 9pm
9 September 2019 (Tuesday)	9am - 11am 5pm - 7pm
22 September 2019 (Sunday)	9am - 11am 5pm - 7pm
25 September 2019 (Wednesday)	9am - 11am 5pm - 7pm 7pm - 9pm

Quarter 4 (2019)

Date	Time Slots
8 October 2019 (Tuesday)	9am - 11am 5pm - 7pm
18 October 2019 (Friday)	9am - 11am 5pm - 7pm 7pm - 9pm
25 October 2019 (Friday)	9am - 11am 5pm - 7pm 7pm - 9pm
5 November 2019 (Tuesday)	9am - 11am 5pm - 7pm
15 November 2019 (Friday)	9am - 11am 5pm - 7pm 7pm - 9pm
21 November 2019 (Thursday)	9am - 11am 5pm - 7pm 7pm - 9pm
29 November 2019 (Friday)	9am - 11am 5pm - 7pm 7pm - 9pm
3 December 2019 (Tuesday)	9am - 11am 5pm - 7pm